

# "Healthy Students Make Better Learners"

Mt. Ararat High School ~ School-Based Health Center (SBHC) is an optional program that offers enhanced health services, so students and parents do not have to miss valuable class or work time leaving the building to seek medical care.

Benefits of Enrolling ~

- You will not have to leave work for your child to be seen and treated by the Nurse Practitioner/or Mental Health Therapist. It is estimated (pre-Covid-19) the SBHC saves 1,000 student absences a year
- A health assessment with the Nurse Practitioner to support any physical and emotional needs so students can have a positive, healthy educational experience. Convenience of care at school means students can return to class quickly and stay engaged in learning.

Enrollment Information ~

ALL students are eligible for enrollment. Enrollment stays in effect through High School. Consent may be revoked at any time with written notification.

**Parental permission is required unless student is 18 years old.**

## Eagles Health Clinic Staff

Nurse Practitioner Hours 7:30am – 2pm (Mon., Tues., & Thurs.)  
Susan Martin, FNP-C, (207) 729-2951, opt 6 ext. 8026

School Nurse Hours 7:30am – 2:45pm (Monday – Friday)  
Kelsey Fogg, RN, BSN, BA, (207) 729-2951, opt 6 ext. 8024  
Ellen Martel, BSN, RN, (207) 729-2951, opt 6 ext. 8024 (Fridays)

Behavioral/Mental Health Services – by appointment (207) 729-2951

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Dr. Lawrence Losey  
The Eagles Health Clinic Medical Director  
(207) 795-5730

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Administrative Office: Claire Schreiber (207) 729-2951, opt. 6 ext. 8025  
mtasbhc@link75.org

Mt. Ararat High School  
School-Based Health Center  
Affiliated with Mid Coast Hospital

# Services We Provide

## Nurse Practitioner

- Provides clinical expertise in diagnosing, treating and monitoring common health conditions, emphasizing disease prevention & health management.
- Prescribes medication if needed.
- Conducts screenings for mental and emotional health, lifestyle habits (diet, exercise, weight) and preventive health maintenance.
- Provides reproductive health education.

We will work with your primary care provider (PCP) and share necessary information for best health outcomes; we do **not** replace your PCP.

Common clinic visits include:

- sore/strep throat •allergies •cough/cold
- ear infection •headache •asthma flares
- muscle strains & sprains •stomach upset
- glucose monitoring •minor injuries
- sports and camp physicals (with appointment)

Behavior/Mental Health therapy counseling services are available on-site by licensed clinical social worker. \*(Additional parent/guardian consent is required and insurance will be billed. Help with co-pays may be available)

Dental Care, oral health screenings, treatment and referrals are available from a Registered Hygienist. Insurance and self-pay available.

